


## Energy, Forces & Motion

For each situation shown below:


- In the energy flow diagram show the system you choose to analyze. Assume the systems to be frictionless unless stated otherwise.
- Complete the energy bar graph QUANTITATIVELY (numerically accurate).
- In the space below each diagram use conservation of energy equations to solve for the quantity called for in the question.

1. A moving cart hits a spring, traveling at 5.0 m/s at the time of contact. At the instant the cart is motionless, by how much is the spring compressed?

$m = 8.0 \text{ kg}$   
 $v = 5.0 \text{ m/s}$

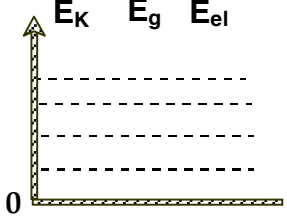


$k = 50 \frac{\text{N}}{\text{m}}$   
 $v = 0$

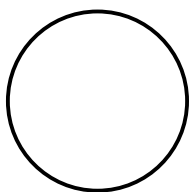


**Initial**

$E_K$   $E_g$   $E_{el}$

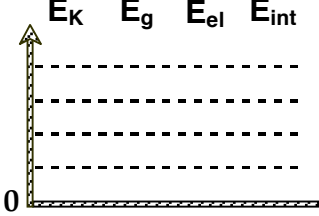


**Energy Flow Diagram**



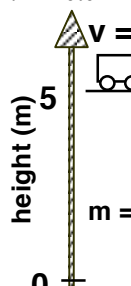
**Final**

$E_K$   $E_g$   $E_{el}$   $E_{int}$



2. Determine final velocity of the cart, assuming that 10% of the energy is dissipated by friction.

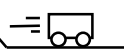
$v =$



height (m)  
5  
0

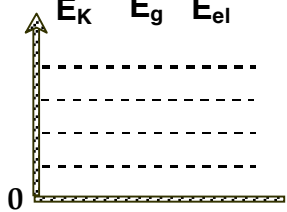
$m = 20$

$v =$

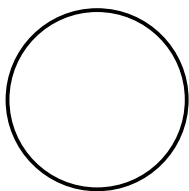


**Initial**

$E_K$   $E_g$   $E_{el}$

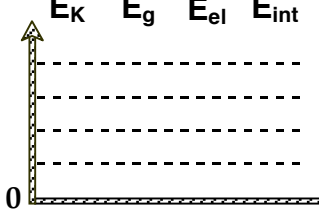


**Energy Flow Diagram**



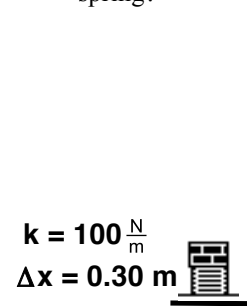
**Final**

$E_K$   $E_g$   $E_{el}$   $E_{int}$





3. A block is placed on a spring, compressing it 0.30m. What height does the block reach when launched by the spring?

$k = 100 \frac{\text{N}}{\text{m}}$   
 $\Delta x = 0.30 \text{ m}$



**Initial**

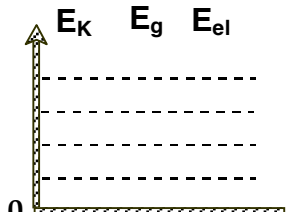
$m = 500$   
 $v =$

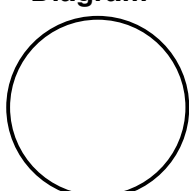
**Final**

**Initial**

$E_K$   $E_g$   $E_{el}$

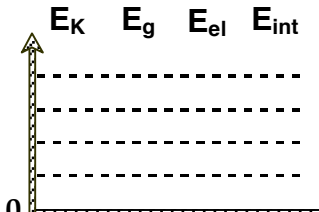


**Energy Flow Diagram**

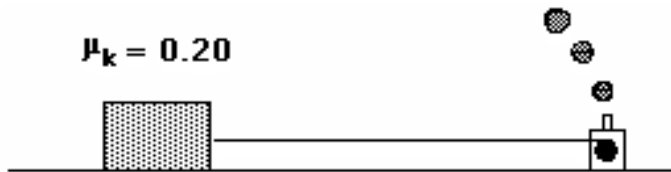


**Final**

$E_K$   $E_g$   $E_{el}$   $E_{int}$



4. A 200. kg box is pulled at constant speed by the little engine pictured below. The box moves a distance of 2.5 m across a horizontal surface.



- a) Draw a force diagram of all relevant forces acting on the box.

- b) Construct a qualitative energy bar graph/flow diagram for this situation. Be sure to specify your system.
- c) How much energy is transferred by the engine?
- d) What type of motion would occur if the engine pulled with a force of 500 N?  
Modify your force diagram and apply Newton's 2nd Law.
- e) How far could the box be pulled *at constant velocity* with the expenditure of 8,000 J of energy?
5. A baseball ( $m = 140$  g) traveling at 30. m/s moves a fielder's glove backward 35 cm when the ball is caught.
- a. Construct an energy bar graph of the situation, with the ball as the system.
- b. What was the average force exerted by the ball on the glove?
6. A 60. kg student jumps from the 10 meter platform at Arizona State University's swimming complex into the pool below.
- a. Determine her  $E_g$  at the top of the platform.
- b. How much  $E_k$  does she possess at impact? What is her velocity at impact?
- c. Repeat steps a and b for a 75 kg diver.
7. A spring whose spring constant is 850 N/m is compressed 0.40 m. What is the maximum speed it can give to a 500 g ball?
8. If the spring in #7 were compressed twice as much, how many times greater would the velocity of the ball be?
9. A bullet with a mass of 10. g is fired from a rifle with a barrel that is 85 cm long. There is a chemical reaction in the gun that creates gas that pushes the bullet out of the gun.
- a. Assuming that the force exerted by the expanding gas to be a constant 5500 N, what speed would the bullet reach?
- b. Do an energy pie chart analysis of the situation, with the entire gun and bullet as the system.

10. A 24 kg child descends a 5.0 m high slide and reaches the ground with a speed of 2.8 m/s.
- How much energy was dissipated due to friction in the process?
  - Do a pie chart analysis of this situation, using an accurate % of the pie to represent the amount of  $E_{\text{INT}}$  in the process.
11. Suppose Wile E. Coyote (20 kg) was shot from a cannon straight up with an initial velocity of 50 m/s.  
Assuming that *all* his initial  $E_k$  was transferred into  $E_g$ , what is the maximum height he could reach?
12. A 60 kg box is lifted by a rope a distance of 10 meters straight up at constant speed. How much power is required to complete this task in 5 seconds?
13. Hulky and Bulky are two workers being considered for a job at the UPS loading dock. Hulky boasts that he can lift a 100 kg box 2.0 meters vertically, in 3.0 seconds. Bulky counters with his claim of lifting a 200 kg box 5.0 meters vertically, in 20 seconds.  
Which worker has a greater power rating?
14. How long would it take a 7.5 KW motor to raise a 500 kg piano to an apartment window 10 meters above the ground?
15. Your electric utility company sends you a monthly bill informing you of the number of kilowatt-hours you have used that month.
- Is the utility charging you for energy or power? Explain.
  - How many joules does your 1600W blow dryer transfer if you dry your hair in 5 min?